

CALLERLAB (NEW) MAINSTREAM PROGRAM

Effective September 1, 2026

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| <ol style="list-style-type: none">1. Arm Turn Family<ol style="list-style-type: none">a. Right/Left Arm Turnb. Allemande Left/Right2. Bend the Line3. Box the Gnat4. California Twirl5. Cast Off 3/46. Centers In7. Circle Family<ol style="list-style-type: none">a. Circle Left/Right (1/4, 1/2, 3/4, Full)b. Circle of 4 Left/Right (1/4, 1/2, 3/4, Full)c. Single Circle Left/Right (1/4, 1/2, 3/4, Full)8. Circulate Family<ol style="list-style-type: none">a. Couples Circulateb. (Named Dancers) Circulatec. All Eight Circulated. Single File (Column) Circulatee. Box/Split Circulate9. Courtesy Turn10. Dive Thru11. Dosado12. Double Pass Thru13. Extend14. Ferris Wheel15. First Couple Go Left/Right,
Next Couple Go Right/Left16. Flutterwheel / Reverse Flutterwheel17. Fold / Cross Fold18. Grand Square19. Half Sashay Family<ol style="list-style-type: none">a. Half Sashayb. Rollawayc. Ladies In, Men Sashay20. Hinge Family<ol style="list-style-type: none">a. Single Hingeb. Couples Hinge21. Ladies Chain Family<ol style="list-style-type: none">a. Ladies Chain / Ladies Chain 3/4b. Four Ladies Chain / Four Ladies Chain 3/4c. Chain Down the Line22. Lead Right/Left23. Ocean Wave Family<ol style="list-style-type: none">a. Step to a Waveb. Dosado to a Wavec. Single Circle to a Waved. Alamo Stylee. Balance | <ol style="list-style-type: none">24. Pass the Ocean25. Pass Thru26. Promenade Family<ol style="list-style-type: none">a. Couples Promenadeb. Single File Promenadec. Star Promenaded. Wrong Way Promenade27. Recycle (From Waves Only)28. Right and Left Grand Family<ol style="list-style-type: none">a. Right and Left Grandb. Weave the Ringc. Wrong Way Grand29. Right and Left Thru30. Run / Cross Run31. Scoot Back32. Separate Family<ol style="list-style-type: none">a. Separateb. Separate Around 1 or 2 to a Linec. Separate Around 1 or 2 and come into the middle33. Slide Thru34. Spin the Top35. Split Two36. Square Thru / Left Square Thru37. Star Right / Left38. Star Thru39. Sweep a Quarter40. Swing41. Swing Thru / Left Swing Thru42. Tag the Line Family<ol style="list-style-type: none">a. Tag the Line (In / Out / Left / Right)b. Fraction (1/4, 1/2, 3/4) Tag43. Touch a Quarter44. Trade Family<ol style="list-style-type: none">a. Couples Tradeb. (Named Dancers) Tradec. Right/Left Hand Traded. Partner Trade45. Trade By46. Turn Back Family<ol style="list-style-type: none">a. U-Turn Backb. Backtrack47. Veer Left/Right48. Wheel and Deal49. Wheel Around / Reverse Wheel Around50. Zoom |
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CALLERLAB (NEW) MAINSTREAM SUGGESTED TEACHING ORDER

Effective September 1, 2026

<ol style="list-style-type: none"> 1. Circle Family <ol style="list-style-type: none"> a. Circle Left/Right (1/4, 1/2, 3/4, Full) b. Circle of 4 Left/Right (1/4, 1/2, 3/4, Full) c. Single Circle Left/Right (1/4, 1/2, 3/4, Full) 2. Dosado 3. Promenade Family <ol style="list-style-type: none"> a. Couples Promenade b. <i>Single File Promenade</i> c. <i>Star Promenade</i> d. <i>Wrong Way Promenade</i> 4. Arm Turn Family <ol style="list-style-type: none"> a. Right/Left Arm Turn b. Allemande Left/Right 5. Star Right/Left 6. Right and Left Grand Family <ol style="list-style-type: none"> a. Right and Left Grand b. <i>Weave the Ring</i> c. <i>Wrong Way Grand</i> 7. Pass Thru 8. Wheel Around / <i>Reverse Wheel Around</i> 9. Courtesy Turn 10. Right and Left Thru 11. Swing 12. Ladies Chain Family <ol style="list-style-type: none"> a. Ladies Chain, (<i>Ladies Chain 3/4</i>) b. Four Ladies Chain, (<i>Chain 3/4</i>) c. <i>Chain Down the Line</i> 13. Half Sashay Family <ol style="list-style-type: none"> a. <i>Half Sashay</i> b. <i>Rollaway</i> c. Ladies In, Men Sashay 14. Turn Back Family <ol style="list-style-type: none"> a. U-Turn Back b. Backtrack 15. Separate Family <ol style="list-style-type: none"> a. <i>Separate</i> b. Separate Around 1 or 2 to a Line c. <i>Separate Around 1 or 2 into the middle</i> 16. Lead Right / Lead Left 17. Veer Left / Veer Right 18. Star Thru 19. Circulate Family <ol style="list-style-type: none"> a. Couples Circulate b. (Named Dancers) Circulate c. <i>All Eight Circulate</i> d. <i>Single File (Column) Circulate</i> e. <i>Box/Split Circulate</i> 20. Bend the Line 	<ol style="list-style-type: none"> 21. Square Thru / <i>Left Square Thru</i> 22. Split Two 23. Grand Square 24. Double Pass Thru 25. First Couple Go Left/Right, Next Couple Go Right/Left 26. Wheel and Deal 27. California Twirl 28. Slide Thru 29. Dive Thru 30. Box the Gnat 31. Ocean Wave Family <ol style="list-style-type: none"> a. Alamo Style b. Balance c. Step to a Wave d. <i>Dosado to a Wave</i> e. <i>Single Circle to a Wave</i> 32. Trade Family <ol style="list-style-type: none"> a. Couples Trade b. (Named Dancers) Trade c. Right/Left Hand Trade d. Partner Trade 33. Swing Thru / <i>Left Swing Thru</i> 34. Run / <i>Cross Run</i> 35. Pass the Ocean 36. Extend 37. Flutterwheel / Reverse Flutterwheel 38. Sweep a Quarter 39. Trade By 40. Ferris Wheel 41. Zoom 42. Touch a Quarter 43. Hinge Family <ol style="list-style-type: none"> a. Single Hinge b. Couples Hinge 44. Centers In 45. Cast Off Three-Quarters 46. Spin the Top 47. Scoot Back 48. Fold / Cross Fold 49. Tag the Line Family <ol style="list-style-type: none"> a. Tag the Line (In / Out / Left / Right) b. Fraction (1/4, 1/2, 3/4) Tag 50. Recycle (from Waves only) <p style="text-align: center; margin-top: 20px;">It is suggested that calls in italics be delayed until later in the teaching sequence. See details in the <i>(New) Mainstream Playbook</i>.</p>
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It is recommended that the Mainstream Program should be taught in no less than 30 hours of instruction (15 two-hour classes or 20 ninety-minute classes).